

2026 STYLE MANIFESTO

Answer with one word or short phrases:

What do you value?

What are you passionate about?

What energizes you?

What drains you?

How would you describe your personality?

HOW ARE YOU SHOWING UP IN YOUR HOME?

Take the adjectives you've listed above and start connecting the dots. For example, If one of your values is "generosity," how does that show up in your home? Do you do simple things like use real dishes instead of paper plates? Light candles? Put cheeses on a handmade cutting board instead of keeping them in their wrappers? Doing small things like this can easily elevate an everyday experience into something that feels like you're treating your friends with love and care. Here's another example: If you feel drained by self-doubt, how does that manifest in your home? Do you stop caring about what your home looks like and let it get very messy until it feels completely out of control? Does the clutter start to feed off of itself and get worse? Your home is sometimes a very clear representation of what's going on inside your head (and heart).

IS THERE ANYTHING MISSING THAT DOESN'T SHOW THE FULL PICTURE OF WHO YOU ARE?

Some examples: if experiencing creativity energizes you, have you made room for that in your home? If you're passionate about a particular hobby, would I know that by what you've hung on the walls or tucked into your bookcases? Is there something you'd like to experience in the new year? Are there visual reminders to make this happen in any of your rooms? Have you arranged your furniture or set up the flow between rooms to encourage certain activites that you want to cultivate?

WHAT ASPIRATIONS DO YOU HAVE FOR THIS YEAR?

What do you want to experience? Well being? Abundance? Security? Freedom? Do your aspirations include travel? Volunteering? Doing something creative? Doing something physically challenging? Collecting art? Moving somewhere else? Doing a big renovation? Changing careers? Ditching toxic relationships and encouraging healthy ones? Keep in mind that small changes or accomplishments can be just as powerful as big ones.

HOW CAN YOU USE YOUR HOME TO THE FULLEST?

What can you bring into your home (or get rid of) that will help you with these goals? Here, we are talking about things such as getting organized, overhauling a room for a new use, focusing on a specific feeling you want to evoke in a particular room, and useful objects you'll need to help you maintain new habits. Prioritize your list.

NOW PUT IT ALL TOGETHER IN A MANIFESTO

I value _____

and I'm passionate about _____

In my home, you can see my _____
(your personality traits)

coming through in my _____

(objects/decor choices/aspects of your home)

These parts of my home energize me, and I'm getting rid of

that make me feel drained.

This year, I want to focus on _____

and I'm setting up my home to help me by _____

(things you're changing up in your home)

Congratulations! You have made yourself a priority and your home will reward you with much love!